

*"Many want to change their results, but they are unwilling to change themselves... They therefore remain bound!"*

*-James Allen*

What are your opinions about change? Are we thinking we want changes outside ourselves? Are we afraid to change?

We are in a pattern of blame and anger when we expect others (or the country, or the workplace) to change so that we can benefit. If you are living in that mindset, no wonder you are not getting what you want from life!

Remember, opportunities exist in disguise. You can choose to work on difficult and ugly tasks and find a prize inside! Don't allow appearances to stop you. If you are easily stopped, do you deserve the good you seek?

You are a creative power, backed by the promise or law of God. Never hesitate to do better!

THE INSIDE-OUT APPROACH

All lasting rewards begin inside and work outward. In other words, first I must work on ME before my results with others and in the world will follow.



If you want excellence as a reward, begin doing things with excellence! It may take more effort, of course, but the universe will take you to the place that you can share in those benefits when you deliver excellence with consistency.

EXCERCISE: Find 3 places in your life where you are waiting for something outside yourself to change. For 21 days, work on your end and don't complain about these 3 circumstances. Keep a journal and implement your permanent, powerful change!

**LIFE IS WHAT YOU MAKE IT!**